

# JANUARY 2025

Gracious Living ADHCC  
 "The Best Place For Your Best Days"!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Schedule</b> 6:00-9:00am Arrivals & Personal Care/ 7:30-9:30 am Breakfast/Snack 10:00-10:45 exercise 10:45-11:45 Devotion & Picture Find/ Word Search/ Activity 12:00- 1:00pm LUNCH	<b>THYROID AWARENESS MONTH</b>	<b>EYE CARE MONTH</b>	1. <b>****CLOSED****</b> Happy New Year	2. <b>Science Fiction</b>	3. <b>*BINGO*</b> Health Wellness	4. <b>HAPPY BIRTHDAY!</b>
2:00-3:00pm Afternoon activity (see calendar) 3:00-4:00 Afternoon Snack/ Rest 4:00- 6:30pm Choice of Activity/ Walk/ Departure	6. Epiphany of Our Lord 	7. Harlem Globetrotters Day 	8. Bubble Bath Day 	9. Snowman Day 	10. <b>*BINGO*</b> Save Eagles Day 	11. Thank You Day 
20. <b>****CLOSED****</b>	13. <b>NATIONAL RUBBER DUCKY DAY</b> 	14. Dress up your Pet Day 	15. Favorite Hat Day 	16. Winter Collage Day 	17. <b>*BINGO*</b> Let it Snow 	18. <b>****CLOSED****</b>
<b>Monday</b> <b>DRUM CIRCLE</b> Tuesday/Thursday <b>ART</b> Wednesday <b>MUSIC</b> Friday/DANCE	21. <b>****CLOSED****</b> <b>MARTIN LUTHER KING, JR. DAY</b> 	22. <b>Penguin Day</b> 	23. <b>GRANDPARENTS</b> bid the world with LOVE 	24. <b>*BINGO*</b> Compliment Day 	25. <b>*BINGO*</b> YOU ARE THE BEST 	26. <b>Opposite Day</b> 
27. Chocolate Cake Day 	28. Daisy Day 	29. Puzzle Day 	30. Be Yourself 	31. <b>*BINGO*</b> Backwards Day 		